# SCHOOL OF NURSING UNIVERSITY of WASHINGTON

YEAR IN REVIEW

2017-2018 Accomplishments



### **DEAR COLLEAGUES, FRIENDS AND STUDENTS:**

The accomplishments and progress of the last 12 months, described in this review, represent the commitment and effort of many, many people. Some, such as faculty, staff, students and our clinical preceptors and partners, are very visible. Others, such as philanthropic supporters, community and corporate friends, civic officials and legislators, are less visible but no less a part of the combined effort.

In a larger sense, we are all benefitting from those whose contributions over the last 100 years have built the University of Washington and provided the environment in which the School of Nursing could be founded, thrive, and become a national and global leader. In this, Nursing's centennial year, we should all appreciate the honor we have of being part of something remarkable in its scope and achievements.

Our focus on population health, healthy aging, and global health is yielding robust results in terms of research, education, and public service. You will read about many of those results in this report. We have expanded our global vision, raised our national and global visibility, and responded positively to the University's urging to Be Boundless. Our efforts are contributing, on a daily basis, to better health for local communities, the state, and the world.

We have made progress in other ways this year. Our diversity, equity, and inclusion process is progressing from plan to implementation of recommendations. We are well on the way to implementation of our five-year operational roadmap, including its focus on administrative and operational sustainability and efficiency. And our development efforts are providing financial resources that will let us do even more. These infrastructure efforts are vital to our success, and something that benefits from everyone's input.

The School of Nursing is a prime example of the whole being greater than the sum of its parts. I'm grateful for everyone's efforts, and look forward to another year of success.

Warm regards,

Azita Emami, PhD, MSN, RNT, RN, FAAN Robert G. and Jean A. Reid Endowed Dean Executive Dean, UW School of Nursing



# HIGHLY RATED PUBLIC NURSING SCHOOL IN THE NATION

We are thrilled to be ranked the number one public nursing school in the nation according to U.S. News and World Report. We have held this position for more than two decades. Additionally, we enjoy top 10 rankings in four of our specialty areas.

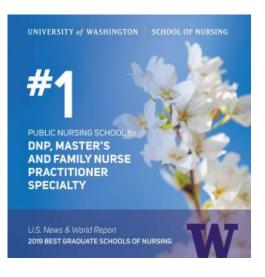
#### U.S. News and World Report's 2019 Best Graduate Schools!

Our rankings are:

- 1 public nursing school with a Doctor of Nursing Practice program, No. 3 among private and public schools
- 1 public nursing school with a Master's program, and No. 5 among private and public schools
- 1 DNP-Family Nurse Practitioner program (tied with Duke University)

Other highly ranked UW School of Nursing specialties include:

- Pediatric Nurse Practitioner, Primary Care: 3
- Psychiatric/Mental Health, Across the Lifespan: 4
- Adult/Gerontology Nurse Practitioner, Primary Care: 7
- Nurse-Midwifery: 12 (tied with Columbia University and New York University)





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# **FIVE-YEAR OPERATIONAL ROADMAP**

Last year, we developed an operational road map and prepared a report to the UW Provost defining the school's goals over the next three years. During that process, we identified the following overarching goal: Prioritize discovery and knowledge generation in our four research pillars (health equity; innovative interventions; lifespan health; symptom science) to drive the mission and vision of our school.

**Re-envisioning initiative:** We have begun implementing an initiative to re-envision our organizational structure to make it more effective, efficient and capable of delivering on the goals and priorities established in the five-year road map. We have hired a facilitator to guide us in this process and have enjoyed active engagement by faculty and staff councils.

**Strategic enrollment management plan (SEMP):** The SEMP provides a holistic and formal process to evaluate nursing's existing and new academic program offerings. The plan is led by Dr. Anne Hirsch, our new Associate Dean of Academic Affairs, in coordination with the five-year operational road map work.

- Undergraduate curriculum: The undergraduate re-envisioning committee, led by Dr. Tatiana Sadak, undergraduate program director, are working on revising the BSN and ABSN curriculum. The updated undergraduate curriculum will be more focused on population health. The faculty have adopted the National Academy of Medicine's framework for diversity, equity and inclusion, which will inform the creation of the undergraduate program. In partnership with local health care systems, the new undergraduate curriculum will also have a stronger focus on ambulatory care in both the didactic and clinical learning settings to more fully address the needs of our community. More information about the updated curriculum will be shared this spring.
- **Population Health Nursing:** As part of this work, the Community Health Nursing track within the Doctor of Nursing Practice degree program has been <u>renamed to Population Health Nursing</u>. The change goes into effect for the 2018-2019 academic year. This name change reflects recent curriculum enhancements that deepen our school's longstanding commitment to preparing nurse leaders to care for whole communities and populations. The new track has three areas of focus: health systems transformation, community engagement for health equity, and global and cross-cultural health.
- **Nurse-Midwifery accreditation renewal:** We worked with the Accreditation Commission for Midwifery Education (ACME) to <u>renew the accreditation</u> of our Doctor of Nursing Practice-Nurse-Midwifery and Nurse-Midwifery Certificate Program. This is a 10-year re-accreditation and separate from that of the DNP program accreditation by the Commission on Collegiate Nursing Education (CCNE).

The three-day ACME Accreditation Site Evaluation concluded with a meeting where the evaluators read an incredibly positive report. This report goes to the ACME Board, and they will make a decision regarding accreditation in June.

Continuing Nursing Education: CNE continues to explore new opportunities for delivering the expert educational

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content for which they are known. They have been doing this work within the CNE team and also worked with Scott Sadler from the Ostara Consultant Group. Innovative programs being piloted this year include podcasts entitled "Nursing Today" and drug therapy conferences offered via webinars. These new modalities of delivering content to nurses and healthcare professionals in a rapidly evolving healthcare environment ensures that CNE reaches their goal of remaining the best resource for nurses who are striving to provide high-quality, safe, evidence-based care.

#### RESEARCH

Science is at the front and center of our institution and the foundation of everything we do. Our Office for Nursing Research (ONR) is an essential operational resource.

**Operational excellence:** ONR continues to prioritize operational excellence. Last year, faculty and staff participated in a needs assessment describing use and value of services provided by both ONR and through the departments. In fall, ONR completed a thorough review of those requests and identified areas that faculty identified as needs that are not currently offered. In winter, ONR identified which of those services provide the most value to faculty in the school.

In spring, ONR presented that information at a faculty meeting and addressed next steps. A few notable items include a mechanism for funding for external scientific grant reviews, a new internal website that optimizes resources for faculty, and key areas for future training. The needs assessment also highlighted need for more statistician availability. ONR has increased availability for a trial period. Furthermore, ONR is building capacity within the school for utilization of REDCap for data collection with several individuals seeking guidance for their work.

**Seminars:** This year, ONR, in collaboration with many of our centers and faculty, hosted a series of seminars featuring distinguished guests discussing topics related to the four research pillars: health equity, symptom science, innovative interventions and symptom science. Those distinguished guests included:

National Institute of Nursing Research Director, Patricia Grady, PhD, RN, FAAN, who discussed the State of Nursing Science. The visit was in collaboration with the school's Center for Innovation in Sleep Self-Management. <u>Watch her presentation.</u>

> Dr. Christine Miaskowski, professor at University of California San Francisco School of Nursing, who discussed Integration of Self Report Measures and Genomic Markers to Improve Symptom Management in Oncology Patients. The presentation aligned with the symptom science research pillar.



UW nurse scientists at dinner with Dr. Grady.

> Dr. Norman Farb of the University of Toronto discussed Mindfulness in Research. The presentation aligned with the symptom science and innovative interventions pillars.

> Dr. Gita Mishra of the University of Queensland and Debra Anderson University of Technology in Australia discussed InterLACE, a new international collaboration for a life course approach to women's reproductive health and chronic disease events. The presentation aligns with the lifespan health and symptom science pillars.

>Health Equity in the Context of Public Health, a webinar by the Health Resources and Services Administration. The webinar aligned with the health equity pillar.

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>Dementia Summit videocast hosted in conjunction with the de Tornyay Center for Healthy Aging. The videocast aligned with the lifespan health pillar.

**Research and Intramural Funding Program (RIFP):** The RIFP provides seed funding to support innovative pilot studies, allowing faculty to apply for federal funding with important preliminary data in hand. Through a partnership with the Office of Diversity, Equity and Inclusion, the Winter and Spring calls included a new category of funding consideration for applications that support projects that explicitly focus on health equity and inequalities. This year, the funding cycles included the following awards:

- Sarah Matthews: Systems Analysis and Improvement Approach to Optimize the Hypertension Diagnosis and Care Cascade for HIV Infected Individuals.
- Mayumi Willgerodt: Sleep Deficiency and Symptoms in Youth with Systemic Lupus Erythematosus, first to receive Diversity, Equality, Inclusion funding
- Sarah Gimbel: Systems Analysis and Improvement Approach to Optimize the Hypertension Diagnosis and Care Cascade for HIV Infected Individuals.
- Teresa Ward: Sleep Deficiency and Symptoms in Youth with Systemic Lupus Erythematosus
- Eeeseung Byun: Nature of Sleep Disturbance and Subarachnoid Hemorrhage supported through RIFP and Center for Innovations in Sleep Self Management
- Monica Oxford: New Methods for Coding Parent-Child Relationships within a Sample of Maltreated Infants and Toddlers supported through the RIFP Fund.
- Cynthia Price: Interoceptive Engagement in Response to Mindful Awareness in Body-oriented Therapy: Proof of Concept, supported through the Van Hooser Scholar Fund
- Anita Souza: Assessing Support and Priorities for Supportive Housing supported through the de Tornyay Center for Healthy Aging

**2018 WIN Conference:** ONR hosted Poster and Presentation Practice Sessions at the Western Institute of Nursing (WIN) research conference for four students. Eight student posters and podium presentations, nine faculty podium presentations and eight faculty posters represented the school at the conference.



*Student presenters at WIN with faculty mentors and Dean Emami.* 

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Notable proposals: New and resubmissions only.

| Principal Investigator (PI)           | Sponsor Name  | Long Title  |
|---------------------------------------|---|---|
| Bekemeier, Elizabeth R.               | Robert Wood Johnson Foundation                            | Advancing the Adoption and Use of a Uniform<br>Chart of Accounts Crosswalk by Local Public<br>Health Agencies in the United States    |
| Byun, Eeeseung                        | American Heart Association (AHA)                          | Gut microbiota, inflammation and symptoms in stroke   |
| Zierler, Brenda                       | Health Resources and Services<br>Administration (HRSA)    | Academic-Practice Partnerships: Enhancing the<br>Primary Care Nursing Workforce in WA State   |
| Oxford, Monica L.                     | National Institutes of Health (NIH)                       | Testing Intergenerational Effects of Cellular Aging for Children in Child Welfare.  |
| Bridges, Elizabeth / Whitney,<br>Joie | Triservice Nursing Research<br>Program                    | Prevention of Pressure Injuries During Aeromedical<br>Evacuation: A Randomized Control Trial  |
| Gimbel, Sarah                         | Alaska Native Tribal Health<br>Consortium (ANTHC)         | Alaska Global Rural Health Fellowship for<br>Doctorate of Nursing Practitioners   |
| Blakeney, Erin                        | National Heart, Lung, and Blood<br>Institute (NHLBI)      | Implementation and Sustainment of Team-Based<br>Practice Transformation to Improve Heart Failure<br>Care and Outcomes                 |
| Zaslavsky, Oleg                       | National Institute on Aging (NIA)                         | Glucose Levels and Preventable Hospitalizations in Alzheimer and Diabetes   |
| Walker, Amy Lynne                     | American Cancer Society (ACS)                             | 10 Minutes Matter: A Brief Parenting Intervention for Siblings of Children with Cancer  |
| Heitkemper, Margaret M                | National Institute of Nursing<br>Research (NINR)          | Microbiome and Extra-Intestinal Pain in IBS   |
| Kohler, Pamela K.                     | National Institutes of Health (NIH)                       | Global to Local: Adapting Evidence-based<br>Interventions to Improve the HIV Care Continuum<br>in Memphis and Shelby County Tennessee |
| Lober, William B.                     | ViiV Healthcare   | Improving HIV Care with PROs  |
| Kim, Eunjung                          | King County Department of<br>Community and Human Services | Participatory Evaluation of Help Me Grow, Parent<br>and Caregiver Education, and Family Support and<br>Engagement                     |
| Ward, Teresa M.                       | National Institutes of Health (NIH)                       | Sleep Self-Management Intervention for Children with Juvenile Idiopathic Arthritis (SMID)   |
| De Castro, Butch/Kohler,<br>Pamela K. | National Institutes of Health (NIH)                       | NRSA T32: RiNGH (Research in Nursing & Global<br>Health) Training Program   |





## **DIVERSITY, EQUITY AND INCLUSION**

Fostering an open, inclusive, equitable and welcoming environment continues to be one of our school's top priorities. The Office for Diversity, Equity and Inclusion, under the leadership of the new Associate Dean Dr. Butch de Castro, facilitates efforts by faculty, staff, and students to accomplish goals as described in the <u>Diversity Strategic Plan</u>.

#### **Training and mentoring**

**DEI faculty mentor group**: A group of faculty from the Seattle, Bothell and Tacoma campuses conducted its second training meeting. This group will serve as a resource to fellow faculty regarding best practices and skills to be culturally-sensitive educators and utilize course content/subject matter relevant to social determinants of health and health equity.

**Implicit bias training:** The office implemented and conducted implicit bias training for all application reviewers participating in the school's student admissions process.

**New student orientation:** Diversity vignettes were used as a basis for discussion and understanding as part of new student orientation. This discussion allowed students (in facilitated small groups) to consider anonymous scenarios of real student experiences that a lack of consideration of differences in social contexts and social position intentionally or unintentionally that promote negative interpersonal exchanges or institutional climate. Student groups shared their interpretations of these scenarios and offered perspective about what actions could be taken in response.

**Faculty presentations and training:** Presentations by Dr. Rebecca O'Connor (Department of Family & Child Nursing) on implicit bias and Dr. Wendy Barrington (Department of Psychosocial & Community Health) on inclusive teaching were included as part of new faculty/teaching assistant orientation. Attendees received principles, strategies and resources to help promote an inclusive learning environment for students.

#### Awards and honors

**BE BOUNDLES** 

**Martin Luther King Jr Service Award:** The Mary Mahoney Professional Nurses Organization was selected as the School of Nursing's recipient for the 2018 Dr. Martin Luther King Jr. Award for the University of Washington Health Sciences Schools. Each Health Sciences school, including Nursing, makes its own recipient selection from among its faculty, staff, students or broader connected community, who are engaged in community service and volunteerism. The award honors individuals or groups who exemplify Dr. King's principles through a commitment to addressing community needs, particularly communities of color and low income, development and implementation of significant programs to improve the human condition, and outstanding efforts to protect and empower all individuals. Mary Mahoney Professional Nurses Organization has a longstanding history of supporting nursing students through scholarships and leadership mentoring and leading programs that address health issues among underserved communities.

Mary Mahoney Professional Nurses Organization was also honored with the UW School of Nursing Peter Dyer Heart of Nursing Award at the Nurses of Influence Banquet in May.

**Distinguished Diversity Advocate Award:** Carolyn Chow, UW School of Nursing's Director of Admissions and Student Diversity, was recognized with the school's Distinguished Diversity Advocate Award.

**HEED award:** Our school received the 2017 Health Professions Higher Education Excellence in Diversity (HEED) Award from INSIGHT Into Diversity magazine, the oldest and largest diversity-focused publication in higher education. The Health Professions HEED Award is a national honor recognizing U.S. medical, dental, pharmacy, osteopathic, nursing, veterinary and allied health schools that demonstrate an outstanding commitment to diversity and inclusion. Learn more about this award.



**Outreach and recruitment:** We hosted the largest UW Nurse Camp, in which 30 high school students from backgrounds that are underrepresented in nursing or who are the first in their family to go to college experienced nursing school. We established a standing faculty recruitment team led by Dr. de Castro and faculty representatives from all departments to proactively identify highly qualified individuals who fit our needs, vision and priorities. We have begun exploring a new outreach and recruitment program, I'mNursePossible, which would build on UW Nurse Camp's success and promote nursing as a college major and professional career to middle-school students. <u>Watch Dr. de</u> <u>Castro's I'mNursePossible pitch at Nursing Shark Tank.</u>

#### Awareness

**Carnegie Community Engagement Classification:** The Office of Diversity, Equity and Inclusion represented the school on a UW-wide work group applying for Carnegie Community Engagement Classification. <u>Carnegie</u> <u>Classifications</u> comprise a leading framework for describing institutional diversity in U.S. higher education. The Community Engagement Classification is an elective classification for which institutions may voluntarily apply to be listed.

Carnegie defines Community Engagement as the collaboration between institutions of higher education and their larger communities (local, regional/state, national, global) for the mutually beneficial exchange of knowledge and resources in a context of partnership and reciprocity.

The Community Engagement Classification was initiated in 2005 as a pilot classification, and there are three categories of the classification:

- Curricular Engagement
- Outreach & Partnerships
- Curricular Engagement and Outreach & Partnerships

**Black History Month:** The DEI office organized a Black History Month event featuring guest speakers Joycelyn Thomas, DNP, ARNP, FNP, president of Mary Mahoney Professional Nurses Organization and member of the school's Advisory Board, discussing the significance of Mary Mahoney as first African American professional nurse; and Benjamin S. Danielson, MD of Seattle Children's Odessa Brown Clinic, discussing health equity.

#### **Curriculum and student support**

**Curriculum re-envisioning:** Re-envisioning of the BSN program includes ongoing efforts to work with the our Office of Diversity, Equity & Inclusion and one of our school's Innovative Educators, Dr. Rebecca O'Connor, to guide curricular changes and develop training/resources reflective of social justice and social determinants of health. Re-visioning of the PhD program also will call on the Office of Diversity, Equity & Inclusion for consultation.

**GO-MAP Graduate Opportunity Program:** Submitted and awarded (on Jan. 31, 2018) a GO-MAP Graduate Opportunity Program (GOP) Award for the 2018-19 academic year. These funds go to support a graduate student of color.



### **GLOBAL ENGAGMENT**

The scope and perspective of nursing has become global. Our Center for Global Health Nursing is an important part of the network of UW academics working in global health research and training across disciplines and across borders to improve health and address questions of health disparities locally and worldwide.

**Global-to-Local Scholars Program:** Dr. Sarah Gimbel, co-director of the Center for Global Health Nursing, was voted the winning presenter at Nursing Shark Tank and received \$10,000 in funding for her project, Bringing Global Lessons Home: Gardens, Pathways and the Microbiome. This project inaugurates the Global to Local Scholars Program whereby nursing students will study health problems locally and abroad to identify translational solutions. For this first round, two nursing scholars will work with UW Homeless Initiative sites to identify challenges in the built environment of informal and small housing communities in Seattle. Subsequently their work will link to an existing Population Health Initiative project being carried out in the Peruvian Amazon by nursing and other UW faculty. Students will participate in a multidisciplinary initiative to assess the impact of improvements to the built environment of a floating community with no services or infrastructure, and identify best practices for application to the State of Washington's homeless communities. <u>Watch her presentation</u>.

**Global Rural Health Fellowship:** Applications opened for the center's new 18-month fellowship for DNP graduates, in partnership with the School of Medicine's Global Rural Health Fellowship program. Two DNP fellows will spend one year in working in Alaska with an additional six months in an international country setting (either Nepal, Peru, Kenya or Thailand). The DNP fellows will work primarily in the rural Alaska, serving primarily tribal populations in low-resourced settings. The DNP fellows are part of a broader cohort of health fellows, including those from internal medicine and emergency medicine. The GRHF will receive ongoing joint training via telehealth throughout the year in Alaska as well as attend a month-long global health course at the UW in October. The first fellowship recipient, Dr. Krystal Bodily, will begin her fellowship in fall 2018. Learn more about the fellowship.

**Visiting scholar:** Dong Pang, PhD, MN, arrived at UW in October from the Peking University School of Nursing in China through the center's visiting scholar program. While at the UW, Dr. Pang hopes to learn more about intervention programs and experimental studies on cancer patients. She plans to use this knowledge, while at UW, to develop an intervention program on bowel symptom management of rectal cancer patients after sphincter preserving surgery. In addition, she hopes to complete a systematic review of symptom self-management for cancer patients. Dr. Pang's faculty mentor is Dr. Margaret Heitkemper, Chair of the Department of Biobehavioral Nursing and Health Informatics. Dr. Pang will be at UW until September 2018.

The center welcomed two new visiting scholars, Tsae-Jyy (Tiffany) Wang and Somjai Sirakamon. Dr. Wang previously studied at the University of Washington and is returning as a visiting scholar from the National Taipei University of Nursing and Health Sciences. She will be conducting research on symptom management, disability prevention, and health promotion for patients with chronic conditions with Dr. Basia Belza. Dr. Somjai Sirakamon will be traveling from Chiang Mai University to research health promotion in higher education with Dr. Margaret Heitkemper.

**Study abroad students:** Seven undergraduate, DNP and PhD students who participated in study abroad programs last summer highlighted their research and experiences in a poster session at a School of Nursing networking event in October. The students participated in a variety of study abroad programs across the globe, including India, Peru, Haiti and Zimbabwe. Many of these opportunities were made possible by the generous support of our donors to the following scholarships:

- Pauline Bruno Memorial Scholarship
- Hegyvary Citizens of the World Scholarship
- Beverly Menoher Scholarship

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• Hunter Simpson Global Service Learning Fellowship

Two students were named Global Health Scholars, and will travel to Iquitos, Peru for three months this summer. Marissa Mashidas and Morgan Busse, both DNP students, will work with faculty at the Universidade Peruana de Amazonias School of Nursing to support their community based research activities, primarily in maternal and child health, nutrition and prevention of infectious diseases. They will be participating in both clinical and community research and working hand-in-hand with nursing faculty as well as supporting the dissemination of their work to local policy makers to improve the broader impact of their research.

Four students were awarded Center for Global Health Nursing scholarships to study abroad this summer:

- Rubee Dev- Switzerland
- Shelly Brandstetter -Kenya
- Isabel Stewart- Nicaragua
- Abby Link -Zimbabwe

**Study abroad in Japan:** Two students, Ann Nguyen (BSN) and Brennan Jones (ABSN), traveled to Tokyo to participate in Keio University's Short-term Nursing and Medical Care Studies program. The students spent a week alongside students from South Korea, China, the United Kingdom and Japan. The program focused on the Sustainable Development Goals and the role of nurses. Students attended lectures, visiting home nursing care in the community, and observed the nursing practices at Keio University Hospital.

**International collaboration:** Ms. Yunxia Wang, chair of an organizing committee that hopes to establish an International Standard School of Nursing to be offered by Sanya School, located in Sanya, Hainan Province, the People's Republic of China. The committee is comprised of representatives from Chinese universities, medical hospitals, and businesses that are dedicated to establishing the school. We signed a memorandum of understanding that will foster development of collaborative activities, consulting services, and other forms of cooperation that promise to be mutually beneficial.

Dean Wipada visited from Chiang Mai University in April. During her visit she learned more about the current research at the SoN from both students and faculty members. In addition, Chiang Mai renewed their MOU with the school during their visit.

**Research:** Yvette Rodriguez, a PhD student and Global2Local Scholar, traveled with Assistant Professor Sarah Gimbel to Peru to support the first round of data collection for the InterACTION lab project, which is piloting an interdisciplinary built environment-community health program with an informal settlement in the Peruvian Amazon. Together with local nurses and nursing faculty, they carried out door-to-door data collection in the community of Claverito, specifically gathering baseline health, wellness, and social cohesion measures. A second scholar, Jamie Langlow, will carry out follow up data collection in June. These Global2Local scholars will also be working with the "tiny homes" community of Licton Park in north Seattle, to share best practices and lessons learned from the Peruvian experience of bringing gardens and improved walkways to low income housing settlements.

Danuta Kakasprzyk and Daniel Montaño, along with Janet Baseman, received a Global Innovation Fund for their project, "Student Epidemic Action Leaders (SEAL) Team and Zimbabwe Field Epidemiology Training Program (Zim FETP): Student Exchange and Research Collaboration." <u>Read more about their work.</u>

The Center for Global Health Nursing, along with other faculty across various disciplines at the University of Washington, received a Global Innovation Fund for their project, "Global Health Partnerships in Disaster Preparedness and Response." This grant will focus on disaster preparedness and improving the role that those in health science disciplines can play in addressing the gap in knowledge. <u>Read more about this project</u>.

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### FUNDRAISING

Much of the good we accomplish is made possible by private support: by people and organizations underwriting leading-edge research, funding scholarships for promising students, and supporting world-class faculty members.

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**Campaign Update:** The UW School of Nursing has recently experienced some of the best days in its history relative to philanthropic support. The very latest numbers reflect great progress towards the Be Boundless campaign. The school is trending ahead of goal. The UW School of Nursing has a campaign goal of \$40 million. We have raised \$34,499,946 or 86.25% to date. This includes gifts that will create new endowed professorships, as well as provide support, for students and programs, including the Simulation Center.

This year we received 11 new endowments including:

- Final proceeds from Kathryn Barnard's estate will be used to establish an endowment to support the operations of the Barnard Center for Infant Mental Health and Development.
- The Mary S. Tshudin Endowed Professorship, made possible by a gift from an anonymous donor, will enhance the recruitment and retention of high-quality nursing educators.
- An endowment from the former Hope Heart Institute, which closed earlier this year, will support cardiac prevention research and behavior-based prevention education.
- Gifts that will result in \$15,000 in additional faculty travel support.

**Dawg Days in the Desert:** The annual event hosted by the UW Advancement and UWAA was held in Palm Desert, California in March. The UW School of Nursing held a special luncheon graciously hosted by UW Nursing alumna and current Advisory Board member Sandy Dyer at the La Quinta Country Club. About 40 people attended to participate in a live simulation from the UW Simulation Center. Students went through a special scenario where a simulation patient was experiencing a cardiac event. All attendees were able to watch the scenario unfold live from California. Two clinical educators were present in California to answer questions in person. In addition, the attendees were able to submit questions to the students in Seattle for immediate reaction. The event was held to promote the Simulation Center's upcoming Phase II project.

**Kim Cuevas promoted to Associate Director for Advancement:** Kim Cuevas has been a key staff member in this past year's transitioning in Advancement. With the absence of a Chief Advancement Officer, Kim stepped up to assist in leading the transition and keeping the campaign focused. She has been instrumental in facilitating the centennial task force that is leading the efforts to host this fall's centennial celebration. She has been the point person in a soon to be largest gift of property and testamentary proceeds in the school's history. Kim assumed the new role in March.

**Student scholarships:** We recently received a major gift from the family of Frances Brock Templeton, in her honor to support student scholarships and is one of the largest scholarship funds ever established at our school. Frances Brock Templeton was a dedicated UW Medical Center nurse for 30 years. Her husband, Frederick, was the first executive officer of the UW Department of Radiology. The gift was made on behalf of the family by her son and daughter-in-law, Michael and Hilda Brock.

**New leadership:** Kevin Fralicks, an experienced fundraising executive with a background in university advancement and city government, was selected as the UW School of Nursing's next Chief Advancement Officer. Fralicks joined our school

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from the University of North Texas College of Business, one of the largest business colleges in the country. He joined our school's executive leadership team and oversees our school's fundraising efforts and team.

**Campaign progress report:** In Nursing, our total campaign goal is \$40 million. We have raised \$34,499,946 or 86.25% to date. This includes gifts that will create new endowed professorships, as well as provide support, for students and programs, including the Simulation Center.

**Student scholarships:** This year, our school was able to provide more scholarship funding (\$1.6 million) to students, reducing the overall amount of need to \$9.6 million. This amount is down from \$10.2 million in 2016. **Centennial planning:** In 2018, our school will celebrate 100 years of nursing education at UW. Planning for celebrations of this milestone are underway with the leadership of a Centennial Task Force. The Task Force is chaired by Advisory Board members and Alumnae Charyl Kay Sedlik and Sandy Dyer. Task Force members include Executive Associate Dean Dr. Pamela Mitchell; Theresa Urquhart, Advisory Board Member and alumna; Vivian Lee, alumna and Washington State Nurses Association Hall of Fame member; and Dr. Weichao Yewen, alumna and junior faculty member at UW Tacoma. A centennial theme will be woven into the school's annual events starting in May. A Centennial Brunch is planned for Sept. 29, 2018.

**Engagement events:** Attending an event is one of the best ways to understand what nurses do and (just as importantly) the impact that our school and alumni make every day. These events also serve as a way to build relationships with supporters and friends, as well as engage community and corporate partners. This quarter, our major events included the Grand Opening of the Simulation Center, Nursing Shark Tank, a reception in honor of the new Best Starts for Kids partnership with Public Health – Seattle & King County and the Elizabeth Sterling Soule Endowed Lecture featuring keynote speaker Dr. Bobbie Berkowitz, dean of the Columbia School of Nursing.





### STUDENT ACADEMIC SERVICES

**BSN applications** - Developed and launched online applications for undergraduate programs from paper based applications.

**Faculty training** - All Doctor of Nursing Practice faculty reviewers went through unconscious bias training in preparation for this year's admission offers.

**Nurse camp enrollment** - Expanded Nurse Camp enrollment from 28 to 36. Each year nurse camp receives around 150 applications and increasing enrollment allowed to fulfill the need popularity of the program.

**New student organization** - Partnered with current students to launch a Future Nurses Club for prospective students who are interested in nursing. This was created for pre nursing students to learn more about the nursing field and admissions into the School. In addition, this club benefitted curent students to mentor and assist pre nursing students with questions about nursing and nursing field. Before the club was created the nursing school was the only school without a student club for pre nursing students. Creating this club allows for an admissions pipeline for incoming BSNs and also for them to be more informed and better prepared to apply.

### **ADMINISTRATIVE OPERATIONS**

Our administration teams are dedicated to leveraging resources across our school to support our school's mission most effectively and efficiently.

**Continuing Nursing Education reaccreditation (CNE):** CNE achieved reaccreditation with distinction through the American Nurses Credentialing Center, effective Sept. 25, 2017 to March 31, 2022. This allows CNE to continue to offer quality lifelong learning opportunities to not only those living and working in the Puget Sound Area, but also to expand the school's impact regionally, nationally and even globally. As an example of a quality learning opportunity, CNE was able to bring suicide prevention training to more than 2,600 nurses either via an online course or an in-person conference.

**Balanced FY18 school budget:** Finance and Administration, working in concert with the school's academic departments and business units, completed a balanced FY18 school budget. The budget allows the school to make progress on its education, research and service goals while taking into account additional expenses, such as the university's new HR/Payroll system, Workday, and the state-mandated 2 percent faculty and staff merit raises without additional funding allocations.

**Enhanced online bios:** Searching for faculty and staff bios on nursing.uw.edu is now easier as a result of several enhancements made by the Learning & Information Technologies and Marketing & Communication teams. Bios can now be accessed via last name initial and department or unit, in addition to keyword searches and filters, such as center affiliation and research areas. Bios also include a more complete list of research publications pulled from an automatic feed from PubMed, a database of scientific articles maintained by the U.S. National Library of Medicine at the National Institutes of Health. This gives users more direct access to the scholarly work being produced by our faculty.

**Faculty Clinical Passport tracking:** The Clinical Passport tracking system has been expanded to include faculty, in addition to students. Clinical Passports ensure that faculty and staff meet our clinical partners' compliance requirements for immunization history and other areas. The new tracking system streamlines the tracking and verification process, allowing faculty and students to participate in the clinical rotations and gain valuable hands-on healthcare experience.

Dean's Office Team: The Dean's office has hired two permanent roles. My executive assistant Lola Williams. Please

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contact her regarding my calendar and related communications at yly2@uw.edu or 206.221.2472. Lisa Williams is my administrative coordinator. Please contact her regarding requests related to the dean's travel at <u>lw20@uw.edu</u> or 206.616.0889.

### **NEWS AND UPDATES**

We celebrated a number of accomplishments by faculty, staff, students and alumni. Some of those include:

- <u>2018 Nurses of Influence Banquet award recipients</u>
- Service learning project becomes nurse-run clinic serving homeless youth
- Husky Nurses open midwifery practice in Covington
- <u>NINR Director Dr. Patricia Grady discusses state of nursing science</u>
- Josephine Ensign selected to receive a 2018-2019 Fulbright U.S. Scholar grant
- <u>New undergraduate curriculum</u>
- DNP-Population Health student embarks on fellowship in Ethiopia
- How politics, economics intersect with global health interventions
- Husky Nurses in the Husky 100
- <u>American Association of Colleges of Nursing Student Policy Summit</u>
- <u>UWSON researchers receive grant from Robert Wood Johnson Foundation</u>
- Mobile app could help TB patients manage their condition more effectively
- No. 1 Public Nursing Graduate School
- <u>Nursing research studies causes for sleep disturbances</u>
- <u>Nursing faculty receive UW Population Health pilot research grants</u>
- <u>New faculty position to develop innovative solutions to population health challenges</u>
- Sigma Theta Tau will induct two faculty members into the 2018 International Researcher Hall of Fame
- Five alumnae inducted into 2018 WSNA Hall of Fame
- Faculty promotions
- Basia Belza named the next de Tornyay Center director
- <u>UW students participated in Nurse Legislative Day</u>
- DNP-Population Health track enhancements
- Meet our Students
- Global Innovation Fund awarded to disaster response and preparedness project
- <u>Student experience inspires Nurses for Survivors club</u>
- New dashboard from UW School of Nursing team centralizes toddler immunization data
- <u>UW, Public Health—Seattle & King County collaborate on Academic Health Department</u>
- <u>UW Nursing students advocate for population health in Washington</u>
- Mary Mahoney Professional Nurses Organization receives MLK Service Award
- Postmenopausal women who lose weight may have reduced breast cancer risk
- <u>UW School of Nursing appoints honorary Assistant Deans of Clinical Practice</u>

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- Addressing health disparities, creating resilient communities
- Population health and the future of nursing
- Improved communications transform UW Medical Center heart failure teams
- <u>Veteran strives to make an impact through nursing</u>
- Nursing Shark Tank winner: Dr. Sarah Gimbel
- Announcing the 2017 Clinical Preceptors of the Year
- <u>UWSON receives 2017 Health Professions Higher Education Excellence in Diversity Award</u>
- Engaging With Aging

#### **AWARDS AND ACCOLADES**

The following are some of the awards and accolades received by our faculty, staff and students this calendar year.

#### Faculty

<u>Wendy Barrington</u>, Psychosocial and Community Health has been selected to participate in <u>2018 Training Institute for</u> <u>Dissemination and Implementation Research in Cancer (TIDIRC)</u>, supported by the National Cancer Institute.

**Basia Belza**, Biobehavioral Nursing and Health Systems, co-authored a guest editorial in *Journal of Gerontological Nursing*, <u>Toward an Equitable Society for Every Generation</u>.

**Basia Belza**, Biobehavioral Nursing and Health Systems co-authored in *Journal of Nursing Measurement*, <u>A systematic</u> review of the Multidimensional Assessment of Fatigue scale.

**Betty Bekemeier**, Psychosocial and Community Health, was featured in the Northwest Center for Public Health Practice quarterly <u>newsletter</u>.

**Betty Bekemeier**, Psychosocial and Community Health, received an \$800,000 grant from Robert Wood Johnson Foundation for her work with PHAST and Uniform Chart of Accounts. <u>Learn more</u>.

**Betty Bekemeier**, Psychosocial and Community Health, received the UW School of Nursing Distinguished Researcher Award.

Doris Carnevali, professor emerita, received the UW School of Nursing Lifetime Achievement Award.

**Susanna Cunningham**, Biobehavioral Nursing and Health Informatics, will receive the 2018 University of British Columbia (UBC) School of Nursing Alumni Award of Distinction.

<u>Ardith Doorenbos</u>, Biobehavioral Nursing and Health Informatics and <u>Hilaire Thompson</u>, Biobehavioral Nursing and Health Informatics will be inducted into <u>2018 International Nurse Researcher Hall of Fame</u>.

Executive Dean and Robert G. and Jean A. Reid Dean **Azita Emami** was elected to the <u>Friends of the National Institute of</u> <u>Nursing Research</u> Board of Directors.

Josephine Ensign, Psychosocial and Community Health, received the American Nurses Association 2017 Creative Works award for her book *Catching Homelessness: A Nurse's Story of Falling Through the Safety Net.* She also received a Washington Stories Fund Grant from Humanities Washington and other sources for *Skid Road: The Intersection of Health* 

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*and Homelessness* a digital project that weaves together videos, photographs, essays, oral histories, and a book in order to chronicle the experiences of those living and working with homelessness in King County.

Josephine Ensign, Psychosocial and Community Health, works on The Doorway Project and it was featured in Daily UW.

Josephine Ensign, Psychosocial and Community Health was selected to receive as 2018-19 Fulbright U.S. Scholar research grant for her project, "Evaluating a Social Justice Framework for Students Nurses at Scale."

Sarah Gimbel, Family and Child Nursing, spent a week in January in Mozambique and met with University and Ministry of Health partners engaged in cardiovascular research to explain more about her new RIFP study, "Adaptation of the Systems Analysis and Improvement Approach for Hypertension Management amongst HIV-infected populations in Mozambique" and learn about existing studies focusing on noncommunicable diseases (ncds). She also met with the clinical and scientific leads at the Beira Central Hospital, (one of the three main hospitals in the country), to discuss both the planned study, which they will collaborate on, and the current care cascade for patients with hypertension at the tertiary level. In addition, she met with nurses and MDs at one local facility to map out the current care pathways for hypertension for both HIV-infected patients and the general population.

<u>Sarah Gimbel</u>, Family and Child Nursing, and <u>Pam Kohler</u>, Psychosocial and Community Health helped organize and participated in a pre-conference Symposium on Nursing Leadership in Global Health prior to the Consortium of Universities in Global Health held in March 2018, in NYC <u>http://cugh2018.org/nursing</u>

<u>Margaret Heitkemper</u>, Biobehavioral Nursing and Health Informatics presented at <u>the 4th Annual National Institute of</u> <u>Nursing Research Director's Lecture</u>.

**Pam Kohler**, Psychosocial and Community Health co-authored, <u>Simulated patient encounters to improve adolescent</u> retention in HIV care in Kenya: study protocol of a stepped-wedge randomized controlled trial.

**Martha Lentz**, Biobehavioral Nursing and Health Systems received the <u>Western Institute of Nursing Jo Eleanor Elliott</u> <u>Leadership Award</u>.

**Frances Marcus Lewis**, Family and Child Nursing, will give the keynote address at the <u>Puget Sound Oncology Nurses</u> Society Annual Meeting in Washington on March 2-3, 2018.

**Frances Marcus Lewis**, Family and Child Nursing, co-authored two studies, "<u>Taking Care of Her: A Pilot Feasibility Study</u> of a Caregiver Intervention for Women with Advanced Stage Ovarian Cancer," and "<u>The Enhancing Connections-</u> <u>Telephone study: a pilot feasibility test of a cancer parenting program</u>." She was also featured in the most recent <u>King</u> <u>County Nurses Association newsletter</u>.

**Frances Marcus Lewis**, Family and Child Nursing, gave the keynote at the <u>Annual Puget Sound Oncology Nurses Society</u> <u>Annual Meeting</u>.

<u>Frances Marcus Lewis</u>, Family and Child Nursing was featured on 50 Top Nurse Practitioner Professors" NursePractitionerSchool.com blog. The list is comprised of great professors for NP students.

**Sarah W. Matthews**, Psychosocial and Community Health, <u>Teresa Ward</u>, Family and Child Nursing and Pei-Lin Yang, PhD student, authored <u>Sleep Deficiency and Psoriasis: Implications for Clinical Practice</u>. *The Journal for Nurse Practitioners*. 2018.

**Sarah W. Matthews**, Psychosocial and Community Health, co-authored <u>Transition of patients with psoriasis from office-based phototherapy to nurse-supported home phototherapy: A pilot study</u>.

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**Cynthia Price**, Biobehavioral Nursing and Health Informatics, was invited to participate in a symposium sponsored by the National Center for Complementary and Integrative Health at NIH titled: "Interoception, Meditation, and Pain" at the International Congress of Integrative Medicine and Health to be held the week of May 8th, 2018. A blog post on this symposium is on the NCCIH website.

**Cynthia Price**, Biobehavioral Nursing and Health Informatics, received funding for her proposal with Co-PI Dr. Joseph Merrill from the National Center for Complementary and Integrative Health (NCCIH) on a R21/R33 titled "Mindful Body Awareness Training as an Adjunct to Medication Assisted Treatment for Opioid Use Disorder."

<u>Tatiana Sadak</u>, Psychosocial and Community Health and <u>Nancy Woods</u>, Biobehavioral Nursing and Health Informatics have been awarded fellow status of the <u>Gerontological Society of America</u>.

**Karen Schepp** and **Elaine Walsh**, both Psychosocial and Community Health, co-authored, "<u>From manageable to losing</u> <u>control: a grounded theory study of psychosis risk syndrome</u>."

**Jennifer Sonney**, Family and Child Nursing was selected as one of the six Council for the Advancement of Nursing Science Nurse Scientists for <u>Inaugural Duck-Hee Kang Memorial Mentored Workshop</u>. She also received the Washington NAPNAP (National Association of Pediatric Nurse Practitioners) Distinguished Member award.

**Linda Teri**, Psychosocial and Community Health presented at the <u>National Institute of Health Summit on Dementia</u> <u>Care</u> *Building Evidence for Services and Supports* in Bethesda, Maryland.

<u>Hilaire Thompson</u>, Biobehavioral Nursing and Health Informatics, received the 2018 Excellence in Neuroscience Education Award from the <u>American Association of Neurosciences Nurses</u>.

Jenny Hsin-Chun Tsai, Psychosocial and Community Health co-published, "A multi-sector assessment of community organizational capacity for promotion of Chinese immigrant worker health" in American Journal of Industrial Medicine.

**Teresa Ward**, Family and Child Nursing was funded by RIFP Betty Giblin Fund to study, Sleep Deficiency and Symptoms in Youth with Systemic Lupus Erythematous.

Teresa Ward, Family and Child Nursing spoke at the Women's University Club in March.

#### Staff

**Carolyn Chow**, Student and Academic Services, was asked to present on Nursing Diversity Committee successes at a Graduate School Event. She also gave the keynote and a presentation on the session on Cultural Humility at Minority Association of Pre-Health Science Students (MAPS) 17th Annual Pre-Health Conference, *Redefine Healthcare: Inspiring the Next Generation of Healthcare Providers*.

Carolyn Chow, Student and Academic Services, received the UW School of Nursing Diversity Advocate Award.

**UW Distinguished Staff Awards: Betsy Mau**, Student and Academic Services, was nominated for the 2018 UW Distinguished Staff award.

The Center for Health Sciences Interprofessional Education, Research and Practice team was nominated for the 2018 UW Distinguished Staff Team award. The team, part of the Biobehavioral Nursing and Health Informatics department, includes:

• Laurel Barchet, Program Coordinator

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- Debra Liner, Program Manager
- Megan Miller, Program Operation Specialist
- Amanda Moore, Program Coordinator
- Nicole Woodard, Program Operation Specialist

#### Students

Hebah Almulla, PhD student, received the 2018-2019 ONS Foundation Research Doctoral Scholarship.

**Suzanna Avery, Emily Fried, Andrea Humphreys** and **Hannah Persyn**, DNP Nurse-Midwifery students, were selected to receive a \$1000 scholarship to attend the <u>2018 American Colleges of Nurse Midwvies Annual Meeting</u> in Savanna, Georgia.

**Joleen Borg**, Master of Science student had a poster accepted to the <u>2018 Pathology Informatics Summit</u> in Pittsburg. The poster was based on her Clinical Informatics and Patient-Centered Technologies (CIPCT) Master of Science scholarly project work, External Laboratory Results: Provider Needs and Health Information Exchange Capabilities.

**Habibo Bario**, BSN student received the Dr. Millie Russell Scholar scholarship from the <u>UW Office of Minorty Affairs and</u> <u>Diversity.</u>

**Cecilia Perez**, BSN, **Hannah Jeong**, BSN, and **Jax Hermer** PhD were chosen for the <u>2018 Husky 100</u>. The Husky 100, now in its third year, recognizes 100 undergraduate and graduate students from Bothell, Tacoma and Seattle who are making the most of their time at the UW.

**Jordan Hardman and Nona Lynn**, BSN students, received research funding from <u>Washington State Nurses</u> <u>Foundation</u> for his research project entitled, "The Development of an Instrument for Assessing Patient Stability and Predictability by Nurse Delegators."

Kelsey Hirsch, PhD student, was awarded Warren G. Magnuson Scholar for Nursing.

**Makayla Cordoza**, PhD in Nursing Science Candidate, will be presenting "Evidence-based care of the Patient during targeted temperature management" at the <u>8<sup>th</sup> Annual "Chilling at the Beach" conference on Therapeutic Hypothermia</u> and <u>Temperature Management</u> in Miami, FL on March, 15, 2018.

**Nate Dreesmann**, PhD wrote a guest editorial in *Journal of Gerontological Nursing*, <u>Virtual Reality Check: Are You</u> <u>Ready</u>, <u>Hilaire Thompson</u>, Biobehavioral Nursing and Health Informatics supported and provided Nate guidance throughout the development of this editorial.

**Shih-Yih Lin**, PhD '17, **Minhui Liu**, PhD '17, **Ellen L. McGough**, PhD '09 authored *A scoping review of physical performance outcome measures used in exercise interventions for older adults with Alzheimer's disease and related dementias. Journal of Geriatric Physical Therapy*. Co-authored <u>Basia Belza</u> Biobehavioral Nursing and Health Systems, and <u>Rebecca Logsdon</u>, Psychosocial and Community Health.

**Pei-Lin Yang**, PhD presents her findings on sleep and symptoms in adult populations with chronic health conditions at the <u>Western Institute of Nursing Science</u> in April.

Madison Claire Dunmore, BSN student, was selected as a recipient for the Mary Gates Research Scholarship.

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BSN students **Tessa Kolstad** and **Srinya Sukrachan** were on the Careers in Healthcare Panel at the Minority Association of Pre-Health Science Students (MAPS) 17th Annual Pre-Health Conference, *Redefine Healthcare: Inspiring the Next Generation of Healthcare Providers.* 

**Hannah Jeong**, BSN student, was on the panel at Minority Association of Pre-Health Science Students (MAPS) 17th Annual Pre-Health Conference, *Redefine Healthcare: Inspiring the Next Generation of Healthcare Providers*.

**Boeun Kim,** PhD student co-authored a guest editorial in *Journal of Gerontological Nursing*, <u>Toward an Equitable Society</u> <u>for Every Generation</u>.

PhD Students **Jaclyn Portanova** and **Eunice Soh** wrote a guest editorial in Journal of Gerontological Nursing, Chronic Noncancer Pain Management: Systemic Inequities of Access.

**Cecilia Perez**, BSN student, received a Western Washington National Association of Hispanic Nurses Scholarship.

Three <u>DNP-Pediatric Nurse Practitioner</u> third-year students **Mariah Schreven**, **Lauren Schorr** and **Charisse Timbol** were selected for Pediatric Pulmonary Center Traineeships funded by the Maternal and Child Health Bureau (MCHB) of the Health Resources and Services Administration (HRSA).

<u>The National Association of Pediatric Nurse Practitioners (NAPNAP)</u>, Washington State Chapter awarded four project awards to DNP-PNP students.

- **Bethany Jerabek's** project "Improving Care for Children with Phrenic Nerve Pacing for Congenital Central Hypoventilation Syndrome"
- **Kylee Schlepp's** project, "Population-based Chlamydia and Gonorrhea testing process improvement in schoolbased clinic settings"
- Mariah Schreven's project, "Improving pediatric sleep environment assessment in primary care"
- Jenn Bryson's, Lauren Berglind's & Lauren Rotkis' project, "Building a nurse-run clinic for homeless teens: A partnership with Peace for the Streets by Kids (PSKS) from the Streets homeless youth center"

**Christine Eyler** and **Brianne Arnold**, both DNP students, received **Advanced Nursing Education Workforce** (ANEW) Traineeships.

**Lauren Rotkis**, DNP-Pediatric Nurse Practitioner students, received a **Leadership Education in Adolescent Health** (LEAH) traineeship.

Michael Vaughn, DNP-Pediatric Nurse Practitioner student, received a Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Traineeship.

Students from the BSN Honors Program, led by Dr. Barbara McGrath, presented their research projects at the <u>UW</u> <u>Undergraduate Research Symposium</u> held at Mary Gates Hall. UW President Ana Mari Cauce stopped by and viewed BSN student posters.

#### Alumni

Pamela Cipriano, '81, PhD, RN, NEA-BC, FAAN, received the UW School of Nursing Distinguished Alumni Award.

**Daisy S. Garcia**, PhD '14 published <u>A review of healthy weight behavior maintenance in Hispanic women in Health Care</u> for Women International.

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Patty Hayes, BSN '76, MA '80 was name as one of Seattle Met Magazine's 30 More Women Who Run This City!

Vivian Lee was awarded the 2018 UW Alumni Association Golden Graduate Distinguished Alumnus Award.

Karen Matsuda was inducted into the 2018 class of the Washington State Nurses Association Hall of Fame.

**Muriel Softli** received the UW School of Nursing Community Health Nursing Track Preceptor of the Year Award at the Washington State Advanced Practice Nursing Conference.

Karalee Hatch Sutterlin, '80, BSN, RN, received the UW School of Nursing Distinguished Alumni Award.

